



Project Ideas/Suggestion Put Together By TIM Participants
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- Pick up trash in the community
- Do Random Acts of Kindness
- Help at the Humane Society (walk dogs, wash dogs, etc.)
- Rake someone's yard
- Go and visit residents at a local nursing home
- Bake cookies for your local fire department or police department
- Plan and implement a local bake sale with proceeds donated to a local charity
- Take coffee to outside workers during the winter
- Volunteer at a local food pantry/soup kitchen
- Do face painting at a local community event
- Help people load groceries into their car at a grocery store/take the carts back for them
- Carve pumpkins
- Help a teacher clean a classroom
- Make a meal and take to someone who is battling a serious illness
- Offer to help a teacher grade papers
- Go shopping
- Go to a sporting event together
- Play a board game
- Go to the movies
- Go out for ice cream or coffee
- Sit with someone you don't normally sit with at lunch
- Go workout at the Y with someone
- Go swimming with someone (indoor pool if winter)
- Go to a play
- Help each other with homework
- Get your nails done
- Hand out water bottles at a local walk/run
- Go through closets, swap clothes with each other, and donate unused items to charity
- Do a craft or DIY (do it yourself) project
- Go to an Arty Party together
- Go for a bike ride
- Go to a Haunted House
- Write a song, poem or story together (We are hoping that Kanye and Taylor Swift will pair up for this one 😊)
- Play Video Games together
- Walk around town and take pictures
- Go out for dinner
- Organize a scavenger hunt and then plan a party for others to go and enjoy the hunt
- And anything else that might strike you as something that would be helpful or fun to do! 😊



Want To Do The Challenge But Don't
Use Social Media?

No problem. Find someone to do the challenge with and then once you've done it, pick up the phone and call three friends, tell them what you did, and challenge them to do the same! No one is excluded from this challenge

Project Ideas and Suggestions Are On
The Back!